We live nearly twice as long now as we did during the middle ages. Which of these factors has helped us most to do that:

- ★ We never do anything unhealthy
- ★ There's sanitation (i.e. our sewerage it taken away)
- ★ There's no such thing as disease any more
- ★ Most of us clean ourselves each day
- ★ There's no such thing as war any more
- ★ We've got enough to eat
- ★ We've all got a super healthy diet
- ★ We have hospitals and medicine
- ★ We're all too sensible to do risky things that might lead to death